



ReFa ACTIVE



ReFa ACTIVE
DIGIT

ReFa
ACTIVE



There are no limits
to your natural beauty
and physical potential.

If you're not satisfied with yourself today,
you can love yourself tomorrow.

If you love yourself tomorrow,
you can live a full and happy life.

There are no limits to your natural beauty
and physical potential.

Seriously challenging a proposition with no definite
answer and not deceiving yourself will clearly
change your day, your year and your life.

ReFa ACTIVE

Rebuild your body
and bring out its best potential.



POINT 1

Apply as much pressure as your body needs.
Condition and restore your body's equilibrium.

After a hard workout or a sports activity, reward your body with Wide Fit Pressure Functionality that kneads your muscles and effectively provides care and comfort. By varying how much you press down on its specially designed handle, you can easily control the amount of pressure you apply to a targeted area.

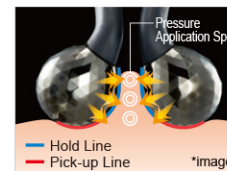


Replicates the 'grasp and squeeze' action inspired by a sports trainer's massage techniques.

POINT 2

Specially shaped rollers for kneading and conditioning the skin.

The diamond-cut double drainage* rollers grip the skin with precision and can be moved along complex contours of the body to knead the targeted area and stimulate circulation. You can also change the usage to match the situation: a slow rolling movement provides a soothing massage while a quick rolling yields a brisk and stimulating massage.



Structured to draw in the skin at the pick-up line and grip it at the hold line.

POINT 3

Generates a microcurrent that is favored by athletes the world over.

Emits a very mild microcurrent by taking in light with two solar panels, one placed on each handle.



What is a microcurrent?

A microcurrent is a very mild electrical current that closely resembles the biological current produced by the body.

*Drainage is a technique that estheticians often perform, and does not express any effect the product has on your body.

Athletes who achieve results are those that care for their bodies before and after exercise.

For professional athletes, properly taking care of the body before and after exercise is just as important as physical training. Warming up to improve circulation prevents injuries, while cooling down speeds up muscle recovery. Any serious athlete who hopes to achieve results should never neglect the care of their bodies.



Hiroyuki Kobayashi,
MD, PhD.
Professor & Head
School of Medicine
Juntendo University

FUNCTION



■ Double Drainage* Rollers

Rollers with a special shape cut into a 440-hedron diamond-like shape enable the device to realize a movement that firmly pulls up and gently releases the skin.

■ Titanium Coating

The rollers are coated with titanium, which is known for its high corrosion resistance. Titanium is an appropriate material for daily use as it cannot be easily scratched and has a high resistance to perspiration.

■ Double Solar Panels

The two solar panels, one installed on each handle, efficiently take in light to generate a very mild electrical current called "microcurrent".

■ Flexible Handle

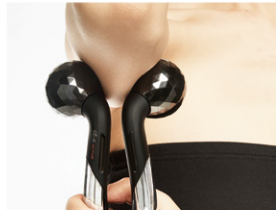
The handle design allows you to flexibly change the space between the rollers in accordance with the part of the body on which you use the device. By spreading the width to firmly grasp and squeeze the areas you wish to care for, you can apply "Wide Fit" pressure.

■ Waterproof Construction

Conforms with JIS standards (equivalent to IPX7). This product can be used safely during your bath time.



Adjust the width between 12.5 mm to 45 mm.



Wide Fit Pressure Functionality administers pressure not only to the surface of the skin but deep down to the muscle itself.



HOW TO USE

FOR ACTIVE CARE

Before or after exercise or even during work, treat yourself to the kind of care your body needs.

WARM UP

Use during warm-up exercises to gently stimulate your body or during work breaks to relax your muscles.



Roll the device back and forth in the area between your wrist and elbow. Start from the inner side and gradually move the device outward.



Roll the device from your ankle to the back of your knee. In addition, also roll it on the soles of your feet.



Gently roll the device in the area between your knee and the base of your thigh, with a particular focus on the areas around and behind your knee.



Roll the device thoroughly between the base of your neck and the area around your shoulder. Roll it up to the border of your arm.

COOL DOWN

Use for extensive massage treatments during cool down exercises or after hard workouts.



For the upper arm, care separately for the upper and lower part. Roll deeper and thoroughly up to the border of your shoulder and armpit.



Roll the device from your ankle to under your knee. Avoid rolling on the bone, caring for the sides.



Roll the device from your ankle to the back of your knee. Grasp and squeeze your calf thoroughly.



Roll up and down along the curve of your body between your hip and the part above your waist line.

FOR BEAUTY CARE

Apply along facial or body contours to improve skin texture and tone.



Roll the device from below the corner of your mouth, along the facial contours. Roll so as to lift up your skin.



While pressing the armpit, roll the device toward the center of your breast as if to gather the breasts inward.



Roll the device diagonally to achieve an ideal waist. Roll so as to lift the skin up.



Roll the device along the hip line so as to shape up your hips. Roll up to the pelvis.

* Drainage is a technique that estheticians often perform, and does not express any effect the product has on your body.

ReFa ACTIVE DIGIT

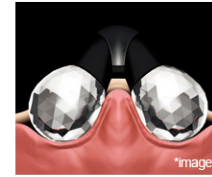
Reach deep within your muscles
to relax your expression.



POINT 1

Fits every undulation of the face,
providing a deep and precise kneading of the mimetic muscles.

The structure and size is uniquely designed to provide comfort equivalent to that of gentle hand techniques. With extremely fine detail, the diamond-cut rollers adhere to the slightest undulation and thus provide deep kneading. The optimum pressure of the kneading helps create a firm, lively facial expression.



The roller adheres to the skin, drawing it in for a direct and precise kneading.



POINT 2

Featuring a solar panel that takes in
light to generate a microcurrent.

Generates a very mild microcurrent by drawing in light with a solar panel fixed in the handle.



What is a microcurrent?

A microcurrent is a very mild electrical current that closely resembles the biological current produced by the body.

POINT 3

A compact, waterproof structure
for easily providing care
anywhere at anytime.

Compact and easy to carry, the waterproof structure of the device makes it ideal for use in the bath or shower. It is a convenient roller that can be used whenever you need it.



Focusing on facial expression, which affects first impressions.

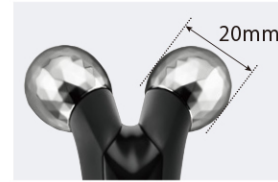
In pursuit of conditioning the face and body, ReFa ACTIVE focuses on facial expression. Expression not only plays a vital role in communication, but also affects the first impression you make. Long hours spent using personal computers and smartphones tend to harden one's expression. This is particularly true for business persons who are busy throughout the day. With this in mind, it is important to adopt a routine that conditions your mimetic muscles so that you can maintain a bright and healthy expression.



FUNCTION

■ Double Drainage* Rollers

Measuring 20mm, each roller is designed similar to the size of a thumb so as to firmly fit every undulation of the face, providing a deep and precise kneading action.



Features a unique structure that applies the proper pressure while freely gliding over the skin's surface.

* Drainage is a technique that estheticians often perform, and does not express any effect the product has on your body.



■ Platinum Coating

The surface of the rollers are coated in platinum to protect your delicate skin.

■ Solar Panel

The solar panel efficiently draws in light and generates a very mild microcurrent.

■ Waterproof Construction

Conforms with JIS standards (equivalent to IPX7). This product can be used safely during your bath time.

HOW TO USE

FACE



Roll up and down, as if enclosing the line from your chin to the bottom of your ear.



Start from the corner of your mouth and smoothly roll below your cheekbone up to the front of your ear.



Gently roll upward as if lifting your forehead, from between your brows toward your hairline.



Slowly and carefully roll over the frontal muscles of your forehead.

HANDS & ARMS



Carefully roll along the inside of your wrist to your thumb. Roll from your arm to your wrist, pulling up as you roll.



ReFa ACTIVE WF

RF-AT2228B-N

Items Included: Instruction Manual,
Warranty Certificate, Guidebook, Pouch, Cleaning Cloth
Size: Approx. 105mm×171mm×61mm
Materials: ABS, acrylic, stainless steel, nylon,
silicone rubber, titanium
Weight: Approx. 285g



ReFa ACTIVE DIGIT

RF-DG2151B-N

Items Included: Instruction Manual,
Warranty Certificate, Guidebook, Pouch, Cleaning Cloth
Size: Approx. 50mm×148mm×33mm
Materials: ABS, acrylic, stainless steel, silicone rubber,
POM, platinum
Weight: Approx. 40g



Notes

Read the instruction manual carefully and use this product correctly.

⚠ Safety Precautions

The following persons should not use this product. (Such persons using this product could have an accident or skin/body problems.)

○Persons prone to metal allergies ○Persons with sensory abnormalities of the skin ○Persons with infected or inflamed skin ○Women in the early unstable stages of pregnancy or immediately after childbirth, or women who are pregnant but not in good health (such as pregnant hypertension syndrome) ○Persons with a bleeding disorder (such as hemophilia) ○Persons in poor health ○Persons who form purple spots or bruise easily ○Persons taking medications ○Persons who have been drinking alcohol ○Persons who are extremely fatigued

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* The color of the product may slightly differ from that in the photos.

* Product specification is subject to change without notice in order to improve product performance.

MTG

We have many dreams

[Manufactured for] MTG Co., Ltd.

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MADE IN JAPAN